

# Clinical Learning Opportunities

## Gynaecology SITMs

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Version Control		
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1.0	Final version for publication	May 2024



# Clinical learning opportunities gynaecology SITMs

**The SITMs will offer an opportunity for learners to concentrate on their areas of interest and the three-year indicative duration of special interest training means that they can begin to focus on their area of interest at an earlier stage.**

The increased duration from two to three years has caused anxiety among trainers and clinical leads about being able to support this level of training for more learners than we do at present. However, this needs to be put into the context of all our special interest learners also having to evidence their progress in the clinical CiPs within the core curriculum during this time.

The SITMs are designed to support consultant roles in a variety of settings – both those working in secondary care and with a role in tertiary care, for all O&G consultants, whether working in both, or either, obstetrics and gynaecology.

They allow the learner to enhance their skills in a wide variety of areas that are needed in any setting and so all units will find that they will be able to support training in many areas. This will mean that more district general hospitals will be able to have a share in SITM training and will have a share in the most senior learners.

## Supported sessions

**This is a list of some of the sessions that will support the gynaecology SITMs, many of these can be thought of as service sessions.**

The list is not exhaustive but meant to give a flavour of how training can be provided in any unit. It is not envisaged that any one unit must support all the areas in a SITM curriculum, but rather the SITM training will progress throughout the special interest training time with rotation to more than one unit to provide the full range of training needed.

## Chronic Pelvic Pain

- GOPD clinic
- Theatre
- Other disciplines e.g. urology, gastroenterology, dermatology
- Physiotherapy
- Pain management clinic



- MDT

## Colposcopy

- Colposcopy clinic
- Pathology
- Theatre
- MDT
- Dermatology

## Complex Early Pregnancy and Non-elective Gynaecology

- EPAU clinic
- Rapid access emergency referral clinic
- Ultrasound session in scan department with sonographer
- Recurrent miscarriage clinic
- Antenatal clinic supporting women after loss
- Session with the bereavement team
- Preterm labour clinic
- MVA

## Gynaecological Surgical Care (foundation SITM)

Needs to be undertaken prior or alongside the Management of non-malignant disease, Oncology and Robotic Assisted Gynaecological Surgery SITMs.

- Theatre
- Simulation training
- GOPD clinic
- MDT
- Radiology session
- Pre op and post op assessment clinic with anaesthetists

## Management of Subfertility

- Reproductive medicine clinic
- Theatre
- IVF clinics
- Endocrinology clinic
- Ultrasound sessions
- Hysterosalpingogram sessions
- Andrology clinic



## Management of Complex Non-malignant Disease (contingent SITM for Gynaecological Surgical Care)

This SITM can only be delivered by a unit which has been locally approved for delivering training in this area.

- Theatre, urology, general surgery lists
- Simulation training
- GOPD clinic
- Ultrasound session
- Attendance at fertility clinic
- Psychosexual clinic
- Pain management clinic
- Physiotherapy

## Menopause Care

- Menopause clinic
- Psychosexual
- DEXA scanning
- Breast clinic

## Oncology (contingent SITM for Gynaecological Surgical Care)

- Theatre
- Simulation training
- GOPD clinic
- Medical oncology clinic
- Session with clinical nurse specialist
- Palliative care consultant/ Hospice visit
- MDT

## Paediatric and Adolescent Gynaecology

- PAG clinic
- Safeguarding team
- Theatre
- General paediatric clinic
- Adolescent sexual health and contraception



## Robotic Assisted Gynaecological Surgery (contingent SITM for Gynaecological Surgical Care)

- Theatre
- Simulation training
- GOPD

## Safe Practice in Abortion Care

- Clinic
- Ultrasound sessions
- Community clinics
- Safeguarding
- Theatre
- MVA

## Therapeutic Hysteroscopy

- Hysteroscopy clinic
- Theatre sessions
- Pathology session
- Menopause clinic

## Urogynaecology and Vaginal Surgery

- Urogynaecology clinic
- Physiotherapy sessions
- Perineal clinics
- MDT
- Urodynamics
- OP cystoscopy
- Theatre

## Vulval Disease

- Vulval clinics
- Colposcopy clinics
- Dermatology clinics
- GUM clinics

Find out more at  
[rcog.org.uk](http://rcog.org.uk)



Royal College of  
Obstetricians &  
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